



Punjab Energy Efficiency and
Conservation Agency (PEECA)
Energy Department - Government of the Punjab



*Practice
Conservation for
Future Generation*



An Initiative of Government of Punjab

PEECA's INTRODUCTION

The Government of Punjab constituted the Punjab Energy Efficiency and Conservation Agency (PEECA) for monitoring and implementing policies and regulations, running behavioral change and public awareness programs and training of energy management professionals.

To achieve the afore-mentioned objectives, detailed policies and regulations will be implemented to create an environment which is conducive for transforming our society from an energy wasting to an energy efficient and conserving one.

Simultaneously, measures will be undertaken to divert the market towards energy efficient solutions as well as to mitigate existing inefficiencies in the system.

COOLING

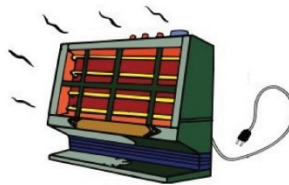
- ◆ Set thermostat of AC at 26° C for optimum cooling.



- ◆ Use inverter air conditioners for energy saving.
- ◆ Refrain from opening the doors of refrigerators frequently to conserve cooling.

HEATING

- ◆ Avoid the use of electric heaters.
- ◆ Don't leave your stoves on when not in use.
- ◆ Wear warm clothes to keep yourself warm instead of using heaters.



LIGHTS

- ◆ Set thermostat of AC at 26° C for optimum cooling.



- ◆ Unplug unused electronics. Standby power can account for 10% of an average household's annual electricity use.

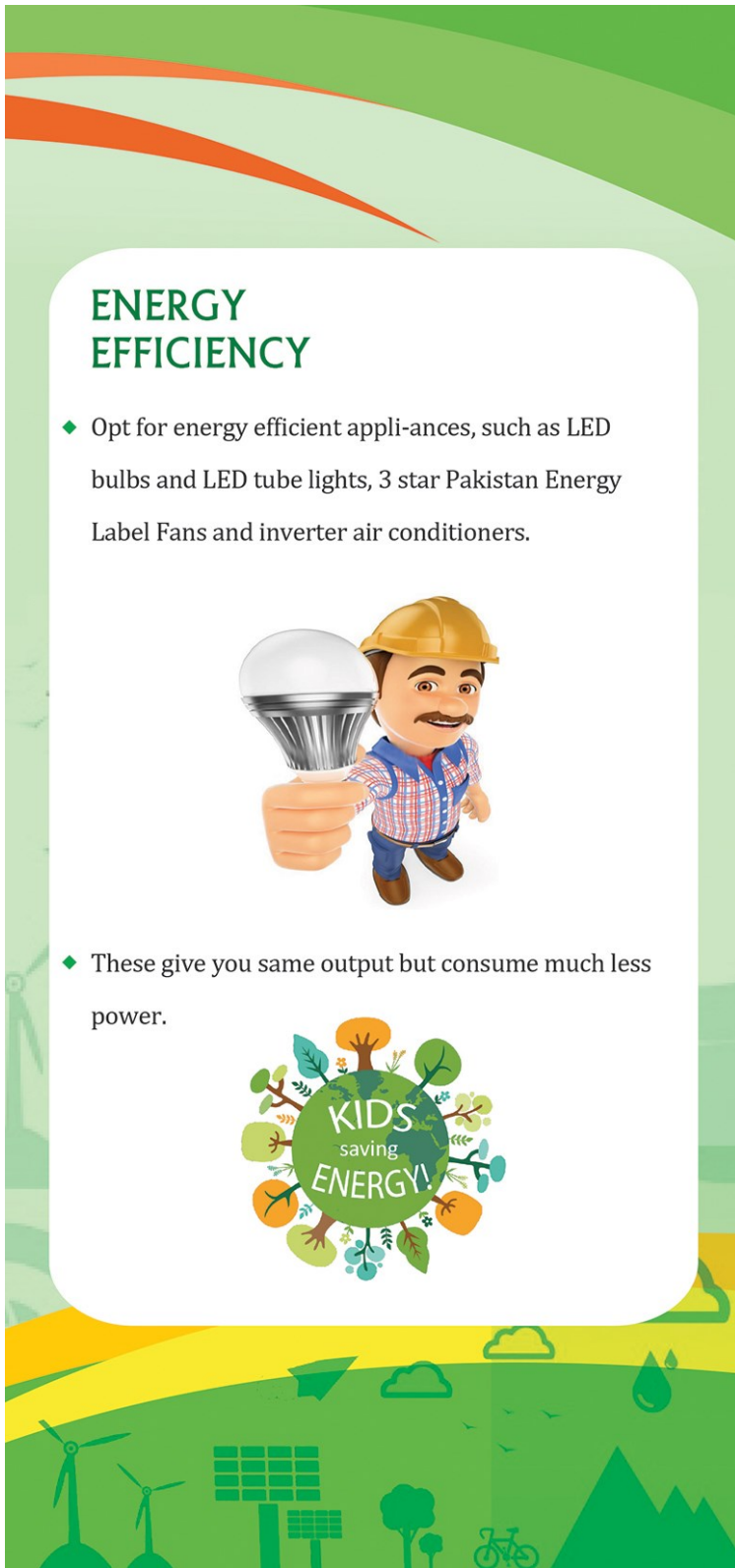


ENERGY EFFICIENCY

- ◆ Opt for energy efficient appliances, such as LED bulbs and LED tube lights, 3 star Pakistan Energy Label Fans and inverter air conditioners.



- ◆ These give you same output but consume much less power.



WASHING

- ◆ Run washing machine with full load and use cold water for washing laundry.



- ◆ Clothes dryers use up a lot of energy. Try to dry clothes in air.



WATER

- ◆ Showers use less water than bath, making them more economical and better for environment.



- ◆ Close the tap while brushing teeth to save water.



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